

# Brisbane Twilight Twin 4's

This meet is designed specifically to give swimmers a focused opportunity to race 400m events without the pressure of a packed competition program.

|                     |   |
|---------------------|---|
| <b>Date:</b>        | Friday, 12 June 2026  |
| <b>Venue:</b>       | Logan North Aquatic Centre<br>2 Sports Dr, Underwood, QLD, 4119   |
| <b>Events:</b>      | 400m Freestyle and 400m Individual Medley   |
| <b>Age:</b>         | Age as at 12 June 2026<br>Races swum as: 11-14yrs and 15 & Over<br><i>Minimum age 11 years</i>  |
| <b>Time:</b>        | 4pm Gates Open<br>5:30pm Racing to commence (2 hour duration cap)   |
| <b>Entries:</b>     | Entries are to be completed online via Swim Central.<br>Participation is capped at 150 swimmers and / or 2 hour duration.<br><br><b>Entries close Midnight, Tuesday 2 June</b><br>\$5 Online Meet Entry fee<br><br>No Qualifying times required |
| <b>Format:</b>      | Timed Finals, fastest seeded heat swim first  |
| <b>Eligibility:</b> | This meet is open to all Swimming Brisbane Competitive Swimmers.  |
| <b>Spectators:</b>  | Spectators are welcome. <b>There is NO entry fee.</b>   |

# Program of Events

| Event | Gender | Age       | Distance | Stroke            |
|-------|--------|-----------|----------|-------------------|
| 1     | Male   | 11-14yrs  | 400m     | Freestyle         |
| 2     | Female | 11-14yrs  | 400m     | Freestyle         |
| 3     | Male   | 15 & Over | 400m     | Freestyle         |
| 4     | Female | 15 & Over | 400m     | Freestyle         |
| 5     | Male   | 11-14yrs  | 400m     | Individual Medley |
| 6     | Female | 11-14yrs  | 400m     | Individual Medley |
| 7     | Male   | 15 & Over | 400m     | Individual Medley |
| 8     | Female | 15 & Over | 400m     | Individual Medley |

If you have any questions regarding the meet please email [admin@swimmingbrisbane.org.au](mailto:admin@swimmingbrisbane.org.au)