



2026 Australian Crawl Long Course Sprint Preparation Meet

Date: Sunday 11th January 2026

Location: Lawnton Aquatic Centre
Corner Gympie Road and Lawnton Pocket Road
Lawnton QLD 4500

Pool Entry: Gates Open for entry at 8:00am
Juniors
Warm up will commence at 8.00am for a 9.00am start
Seniors
Warm-Up & Competition will be confirmed once nominations are finalised.
The pool will close 10 minutes before the start of each session.
Session length will not exceed 2 ½ hours duration.

Spectators will be required to pay an entry fee on the day.

Age: Age of competitor on the 11th January 2026.

Eligibility: Entry is open to 'Competitive' registered swimmers who are a member of the allocated clubs (listed below)
Albany Creek, Ashgrove Tridents, Aspley, Australian Crawl, Belgravia ST, Bracken Ridge, Brisbane Grammar, Brisbane Jets, Clayfield, Commercial, Dayboro, Donald ST, Eagle Junction, Electric Eels, Ferny Hills & District, Genesis, Grace, Ipswich Grammar, Ironside, Ithaca Creek, Kedron, Lawnton, MCA, Newmarket Racers, Nudgee College, Pine Rivers, Rackley Centenary, Rackley Chermshire, Rackley East Brisbane, Rackley North Lakes, Redcliffe Leagues, Samford, Somerville House, Southern Cross, St Margaret's, St Peters Western, The Gap, The Swim Academy (Brisbane), The Lakes College, United, University Of Queensland, Virginia, Wilston, Yeronga Park, Darling Downs.

Events: This is a 'Long Course Preparation' Meet under SQ's Competition Framework for Meets. All events are open to **multi-class** swimmers and all SQ General Rules apply. Heats and events may be combined on the day subject to Referee approval.

Nominations: Entries open 20th November 2025 at 9.00am
\$10.00 per event (Swim Central transaction fees will be applied in the cart)
Refunds will only be provided if a competitor withdraws from the Meet, due to illness/injury and provides Australian Crawl Swimming Club with a Medical Certificate on or before 11th January 2026.
Swim Central Fees will not be refunded.

Entries: Entries close at 11.59pm on Tuesday 30th December 2025.
Entries are made via Swim Central.
Late entries will be at the discretion of the Australian Crawl Swimming Club Race Secretary.

Rules: This meet is sanctioned by Swimming Queensland and is conducted under SQ/SAL rules. Times will be recognised as official qualifying times.

Marshalling: Self-marshalling arrangements will be utilised at this meet.

Timekeeping: Semi-automatic timing system will be used; two timekeepers per lane.
All clubs competing, are asked to provide timekeepers during the meet based on the number of nominated swimmers. Details of lane allocations will be provided closer to the event.

Programs: Programs will be emailed prior to the meet. Programs will not be available at the gate.

Medals: Medals will be awarded as per the details for each session (see below).
Please note that swimmers must collect their medals by the end of the meet and will not be mailed out.

Results: Results will be published on Meet Mobile

General Information:

There will be food and drinks available to purchase on the day from the kiosk.
Raffle tickets will be available to purchase for both Junior and Senior Sessions.
The 25m Pool is out of bounds during this meet. If you wish to use this facility, please pay the appropriate entry fee at the pool reception.
Club gazebos can be put up after 8:00am on the grassed area.

Program of Events

Juniors

9am Start – 8am Warm Up

Male Events	Age	Event	Female Events
1	8 to 11 years	50m Butterfly	2
3	8 to 11 years	50m Backstroke	4
5	8 to 11 years	50m Breaststroke	6
7	8 to 11 years	50m Freestyle	8

Note: Medals to be awarded to the fastest three placegetters in each age group (8, 9, 10 and 11 years).

Seniors

Male Events	Age	Event	Female Events
9	12 & Over	50m Butterfly	10
11	12 & Over	50m Backstroke	12
13	12 & Over	50m Breaststroke	14
15	12 & Over	50m Freestyle	16

Note: Medals to be awarded to the fastest three placegetters in each age group (12, 13, 14 and 15 years & over).

For more information, please email acscracesecretary@gmail.com or for up to date information, check out our Facebook page at Australian Crawl Swimming Club.