2025 Short Course Transition Meet

Date: Sunday 5th October 2025

Location: The Lakes College Aquatic Centre Precinct
2 College St, North Lakes 4509

Pool Entry: Gates Open for entry at 7:15am

Juniors
Warm up will commence at 7.30am for a 8.30am start
Seniors
Warm-Up & Competition will be confirmed once nominations are finalised.
The pool will close 10 minutes before the start of each session.
Session length will not exceed 2 ½ hours duration.

Free gate entry for all.

Age: Age of competitor on the 5th October 2025

Eligibility: Entry is open to all Swimming Queensland 'Competitive' registered swimmers

Events: This is a 'Transition' Meet under SQ's Competition Framework for Meets.
Rule tolerances only apply for designated events.
All events are open to **multi-class** swimmers and all SQ General Rules apply. Heats and events may be combined on the day subject to Referee approval.

Nominations: **Entries open 4th September 2025 at 9.00am**
$9.00 per event (Swim Central transaction fees will be applied in the cart)
Refunds will only be provided if a competitor withdraws from the Meet, due to illness/injury and provides The Lakes College Swim Club with a Medical Certificate on or before 15th June 2025. Swim Central Fees will not be refunded.

Entries:
Entries close at 11.59pm on Tuesday 30th September 2025 or when maximum numbers have been reached. Entries are made via Swim Central.
Swimmers can enter a maximum of 5 events only – meet is capped at 125 swimmers per session – updates will be placed on our social media accounts.
Swimmers can't swim 25 and 50m of same stroke (ie 25m and 50m back), but can swim a combination of 25 and 50m events (ie 50 free and back, and 25 fly)

Rules: This meet will be conducted under SQ/SAL Rules. This meet is sanctioned by Swimming Queensland and times recorded may be used as qualifying times for ALL other meets, including State and National events.

Timekeeping: Semi-automatic timing system will be used; two timekeepers per lane.
All clubs competing, are asked to provide timekeepers during the meet based on the number of nominated swimmers. Details of lane allocations will be provided closer to the event.

Programs: Programs will be emailed prior to the meet.

Medals: **Session 1**
25m Rule Tolerance events 8 and under, 9, 10
50m events 8, 9, 10, 11
100m events 8, 9, 10, 11

Session 2
50m events 12, 13, 14, 15 and over
100/200m events 12, 13, 14, 15 and over
No age champion awards will be awarded at this meet.
Please note that swimmers must collect their medals by the end of the meet.

Results: Results will be published on Meet Mobile

General Information:

- There will be food and drinks available to purchase on the day
- Raffle tickets will be available to purchase for both Junior and Senior Sessions.
- The Indoor Pool will be available for warm-up and warm-down
- All clubs and spectators to be seated in the grandstand

Program of Events

Juniors

Boys	Age	Event	Girls
1	8 to 11 years	100 IM	2
3	10 & Under	25 Backstroke Rule Tolerance	4
5	8 to 11 years	50 Backstroke	6
7	10 & Under	25 Butterfly Rule Tolerance	8
9	8 to 11 years	50 Butterfly	10
11	10 & Under	25 Freestyle Rule Tolerance	12
13	8 to 11 years	50 Freestyle	14
15	10 & Under	25 Breaststroke Rule Tolerance	16
17	8 to 11 years	50 Breaststroke	18
19	8 to 11 years	100 Freestyle	20

Seniors

Boys	Age	Event	Girls
21	12 & Over	200 Freestyle	22
23	12 & Over	100 Breaststroke	24
25	12 & Over	50 Backstroke	26
27	12 & Over	100 Butterfly	28
29	12 & Over	50 Breaststroke	30
31	12 & Over	100 Freestyle	32
33	12 & Over	50 Butterfly	34
35	12 & Over	100 Backstroke	36
37	12 & Over	50 Freestyle	38
39	12 & Over	200 IM	40

For more information, please email swimclubcoordinator@thelakes.qld.edu.au or for up to date information, check out our Facebook page at The Lakes College Swim Club.