

## 2025 Long Course Transition Meet 18 January 2025

This meet is sanctioned by Swimming Brisbane. Times achieved will be recognised as official qualifying times for Brisbane Championships and Qld Championships. As this is a sanctioned SQ meet, the times can be used for school swimming nominations.

# GET READY FOR SCHOOL SWIMMING

|                    |  |
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| <b>Date</b>        | <b>Saturday</b> 18 January 2025  |
| <b>Venue</b>       | <b>Ipswich Grammar School</b><br>Waghorn Street<br>Ipswich 4305  |
| <b>Times</b>       | <p><b>Session 1: 11 and under swimmers (150 swimmers and or 2 ½ hours duration)</b><br/>Warm up: 8.00am<br/>Competition: 9.00am</p> <p><b>Session 2: 12 and over (150 swimmers and or 2 ½ hours duration)</b><br/>Session start time will be finalised based on timeline from session 1.</p> <p><b>Session 3: Distance (150 swimmers and or 2 ½ hours duration)</b><br/>Session start time will be finalised based on timeline from session 2.<br/>Breaks will be provided between each race to allow swimmers to swim more than one event in this session, should they wish to. See note on page 3.</p> |
| <b>Age</b>         | Age at 18 January 2025 (Minimum age is 5 years for Junior).  |
| <b>Eligibility</b> | Entry is open to Swimming Queensland "Competitive" registered swimmers, who are members of an affiliated club with Swimming Queensland. Maximum number of events is five.<br>Open events are available to swimmers 11 years and over   |
| <b>Events</b>      | As per attached program of events. All events will be swum as timed finals. The referee's decision is final, and the Meet Referee has the right to combine heats on the day.   |
| <b>Multiclass</b>  | Multiclass Swimmers are eligible to swim in all events.  |
| <b>Medals</b>      | Medals will be awarded to the following age groups <ul style="list-style-type: none"> <li>• 6 years and under, and 7 years 4 x 25m</li> <li>• 8, 9, 10, 11, 12, 13, 14, 15&amp;O years 4 x 50m and 100m event</li> <li>• Open events first 3 placegetters only</li> </ul>  |



|                       |  |
|-----------------------|--|
| <b>Nomination</b>     | \$8.00 per event. (via SwimCentral, plus online credit card transaction fees).<br>Each swimmer is able to enter a maximum of 5 events.   |
| <b>Marshalling</b>    | All swimmers will be required to self-marshall as per the following: <ul style="list-style-type: none"> <li>➔ 25m, 50m events: Six <b>(6) heats</b> prior to the heat in the water</li> <li>➔ 100m, 200m events: Three <b>(3) heats</b> prior to the heat in the water</li> <li>➔ 400m and above: One (1) heat prior to the heat in the water</li> </ul>   |
| <b>Pool Admission</b> | Swimmers: Free                      Coaches: Free<br><br>Entry fee for Spectators is \$5.00 per person.<br>NO CASH WILL BE ACCEPTED. All payments will be contactless.   |
| <b>Rules</b>          | This meet will be conducted under SQ / SAL Rules.<br>Rule tolerance will apply to swimmers 8 years and under.  |
| <b>Entries</b>        | All nominations are to be entered online through your SwimCentral account.<br>Any meet enquires to be directed to <a href="mailto:swimclub@ipswichgrammar.com">swimclub@ipswichgrammar.com</a> .<br>Entries open on the 01.12.24.  |
| <b>Warm Up / Down</b> | No facilities will be provided during the meet.<br>Warm up and down will be allocated between each session.  |
| <b>Closing date</b>   | SwimCentral entries will close on Tuesday 7 <sup>th</sup> January 2025, 11.59pm.<br>We reserve the right to close the meet early in the event that meet numbers exceed the permitted session times.  |
| <b>Late Entries</b>   | No late entries will be permitted.   |
| <b>Refunds</b>        | Refunds are only permitted on provision of a doctor's certificate for illness or injury. Change of mind refunds will not be provided.  |
| <b>General</b>        | There will be a BBQ running during the meet. Payment is preferred to be contactless.<br><br>All Clubs will receive email confirmation of their entries. Meet entry list, estimated timeline and timekeeping roster will also be emailed. Programs will be emailed. Programs will be available for purchase on the day of the carnival.<br><br>All Clubs competing are asked to provide timekeepers during the meet based on number of nominated swimmers. Details of lane allocation(s) will be provided to clubs and also contained in the meet programme.<br><br>For further information please contact Sharon Carvolth:<br><a href="mailto:swimclub@ipswichgrammar.com">swimclub@ipswichgrammar.com</a> . |
| <b>Other</b>          | <a href="#">Ipswich Grammar Swimming Club</a><br>Results will be available on Meet Mobile  |


**Program of Events**
**Session 1 - 9.00am Start – 8.00am warm up**

| Boys Events | Age          | Event Description      | Girls Events |
|-------------|--------------|------------------------|--------------|
| 1           | 8 - 11 years | 200m Individual Medley | 2            |
| 3           | 8 - 11 years | 100 Freestyle          | 4            |
| 5           | 8 - 11 years | 50m Butterfly          | 6            |
| 7           | 7&U          | 25m Butterfly          | 8            |
| 9           | 9 - 11 Years | 100 Breaststroke       | 10           |
| 11          | 8 - 11 years | 50m Backstroke         | 12           |
| 13          | 7&U          | 25m Backstroke         | 14           |
| 15          | 9 - 11 Years | 100 Butterfly          | 16           |
| 17          | 8 - 11 years | 50m Breaststroke       | 18           |
| 19          | 7&U          | 25m Breaststroke       | 20           |
| 21          | 9 - 11 Years | 100 Backstroke         | 22           |
| 23          | 8 - 11 years | 50m Freestyle          | 24           |
| 25          | 7&U          | 25m Freestyle          | 26           |

**Session 2 - 12.00pm or later start**

| Boys Events | Age             | Event Description      | Girls Events |
|-------------|-----------------|------------------------|--------------|
| 27          | 12 years & over | 100m Breaststroke      | 28           |
| 29          | 12 years & over | 50m Freestyle          | 30           |
| 31          | Open            | 200m Backstroke        | 32           |
| 33          | Open            | 200m Butterfly         | 34           |
| 35          | 12 years & over | 100m Freestyle         | 36           |
| 37          | 12 years & over | 50m Backstroke         | 38           |
| 39          | Open            | 200m Individual Medley | 40           |
| 41          | 12 years & over | 100m Backstroke        | 42           |
| 43          | 12 years & over | 50m Butterfly          | 44           |
| 45          | Open            | 200m Breaststroke      | 46           |
| 47          | Open            | 200m Freestyle         | 48           |
| 49          | 12 years & over | 100m Butterfly         | 50           |
| 51          | 12 years & over | 50m Breaststroke       | 52           |

**Session 3 - At the end of session 2**

| Boys Events | Age  | Event Description      | Girls Events |
|-------------|------|------------------------|--------------|
| 53          | Open | 400m Freestyle         | 54           |
| 58          | Open | 400m Individual Medley | 59           |
| 63          | Open | 800m Freestyle         | 64           |
| 65          | Open | 1500m Freestyle        | 66           |

*Note: Events will be spread around the master's events that are being run in the same session to allow 20-30 mins of break between each distance race for the junior swimmers. Junior swimmers are not permitted to swim in the sprint event. Only the events above, are available to the junior swimmers.*

