



2024 Lawnton Swim Club LC Preparation Meet

Sunday 22 September 2024

Cnr Lawnton Pocket Rd and Gympie Rd

Date	Sunday 22 September 2024
Gates Open	7.30am
Times	Session 1 – Juniors Warm up from 8.00am. Start 9.00am Session 2 – Seniors Warm up from 12.00pm approx. (TBA closer to date)
Eligibility	Age as at 22/09/2024. Minimum age is 8 years. Minimum age of 11 years for Open Events; however clubs are to use their discretion with regard to swimmers who are 10 years old and will age up prior to the Brisbane Championships. Entry is open to all Swimming Queensland Competitive swimmers from the following clubs: Albany Creek, Aspley, Australian Crawl, Belgravia, Boondall, Bracken Ridge, Burpengary, Electric Eels, Ferny Hills, Genesis, Grace, Kedron, Lawnton, Nudgee College, Pine Rivers, Redcliffe Leagues, Samford, Southern Cross, St Margaret's, St Peter's Caboolture, The Lakes College, United, Virginia, Wide Bay
Rules	This Meet is conducted under SQ/SAL rules.
Nominations	Nominations are online only via Swim Central. Online entries close on Tuesday 10 September 2024 at 11.59pm. No Late Entries will be accepted.
Nomination fee	\$9.00 per event (plus a transaction fee were applicable).
Programs	Programs will be emailed out to each club in the week prior to event.
Medals	All Events will be swum as timed finals. Junior Session: Medals will be awarded to the fastest three placegetters in each age group (8, 9, 10 and 11 years). Senior Session – Medals will be awarded to the fastest three placegetters in each age group for the 50m and 100m events (12, 13, 14 15 years and over). Fastest three placegetters overall will be awarded medals in the open events (200m, 400m, 800m and 1500m).

Timekeeping	<p>Semi-automatic timing system will be used, two timekeepers per lane.</p> <p>A time keeping roster will be emailed to all clubs. All competing clubs are expected to provide timekeepers for the meet based on the number of nominated swimmers from their club.</p> <p>Times recorded maybe used as qualifying times for ALL other meets, including States & Nationals.</p> <p>Swimmers competing in the distance events must confirm on the day that they are taking part and clubs must supply timekeepers for their own swimmers in these events.</p>
Self - Marshalling	<p>This is a self-marshalling event.</p> <p>Marshalling will be held underneath the grandstand at the deep end of the pool. Swimmers are to walk behind the grandstand from the shallow end to enter the marshalling area.</p>
Entry fees	<p>There is no spectator fee for this event.</p> <p>Raffle tickets will be available to buy on entry. Raffles prizes will be drawn in both sessions.</p>
Food	<p>There will be a BBQ available as well as snacks, drinks and ice creams available from the front kiosk.</p>
Facilities	<p>Lawnton Aquatic Centre is an outdoor facility with a large undercover grandstand. There is a grassed area which can accommodate club tents.</p> <p>Only the 50m pool is available for this event.</p> <p>Anyone using Toddler pool or Indoor pool are required to purchase a wrist band at reception. Anyone in these pools that is a non-swimmer or under 5ys must be within ARMS REACH OF AN ADULT AT ALL TIME. Anyone 5yrs and over must ALWAYS have ADULT SUPERVISION.</p>
Results	<p>Results will be progressively uploaded to Meet Mobile during the meet.</p>

Any queries, please email lawntonswimclub@hotmail.com

We look forward to a great day of racing with you.



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Program of Events

Session One

9.00am Start – 8.00am warm up

Boys Events	Age	Event Description	Girls Events
1	9 – 11 years	200m Individual Medley	2
3	8 – 11 years	50m Freestyle	4
5	9 – 11 years	100m Backstroke	6
7	8 – 11 years	50m Breaststroke	8
9	9 – 11 years	100m Butterfly	10
11	8 – 11 years	50m Backstroke	12
13	8 – 11 years	100m Freestyle	14
15	8 – 11 years	50m Butterfly	16
17	9 – 11 years	100m Breaststroke	18
19	9 – 11 years	200m Freestyle	20

Session Two

12.00pm approx. TBC

Boys Events	Age	Event Description	Girls Events
21	Open	400m Freestyle	22
23	12 years & over	100m Breaststroke	24
25	12 years & over	50m Backstroke	26
27	Open	200m Butterfly	28
29	Open	200m Breaststroke	30
31	Open	200m Backstroke	32
33	12 years & over	100m Butterfly	34
35	12 years & over	50m Breaststroke	36
37	Open	200m Individual Medley	38
39	12 years & over	100m Freestyle	40
41	12 years & over	50m Butterfly	42
43	Open	200m Freestyle	44
45	12 years & over	100m Backstroke	46
47	12 years & over	50m Freestyle	48
49	Open	400m Individual Medley	50
51	Open	800m Freestyle	52
53	Open	1500m Freestyle	54