



**Logan Vikings Swimming Club**

# **2024 long Course Preparation Meet**

*Sunday 4<sup>th</sup> February 2024*

**Logan North Aquatic Centre  
2 Sports Drive, Underwood**



- Date:** Sunday 4<sup>th</sup> February 2024
- Time:** Morning Session: Warm Up 7:30am, Competition 8:30am (TBC)  
Afternoon Session: Warm Up / Competition (TBC once entries close)
- Pool Entry:** Spectator entry will be **\$5.00 per person**. Free admission for swimmers and coaches
- Programs:** A PDF version of the program will be emailed to clubs and posted on our website closer to the meet date. Programs will not be available at the gate.
- Age:** Swimmer Age as at 4<sup>th</sup> February 2024
- Eligibility:** Entry is open to 'Competitive' registered swimmers who are a member of the allocated clubs (listed below). Minimum age for 'Open' events is 11.
- Brisbane Jets,
  - Chandler,
  - Logan Vikings,
  - Logan West,
  - Mansfield,
  - Rackley Colmslie,
  - Rackley Hibiscus,
  - Rackley Runcorn,
  - Sheldon,
  - Southside Aquatics,
  - Sunnybank,
  - The Swim Academy (Bayside),
  - Gold Coast Region
- Nominations:** Entries are to be completed online Swim Central. Please direct enquiries regarding nominations via email to [logan.vikings@gmail.com](mailto:logan.vikings@gmail.com)
- Entry Cost:** \$9.35 per event\* plus any Swim Central fees
- Entries Close:** **11:59pm Tuesday 23th January 2024**
- Late Entries:** Any request for late entry may be considered until meet program is finalised and sent to Brisbane Swimming.  
***If accepted a late fee of \$15 per event\* will apply***
- Rules:** This meet will be conducted under SQ/SAL rules. One start rule will apply, Feet first entry will apply in all backstroke events. All events will be swim as timed finals.  
This preparation meet is sanctioned by Swimming Queensland and times will be recognised as official qualifying times.
- Events:** As per attached Program of Events. All events will be swum as timed finals. The Technical Manager, in consultation with the referee, reserves the right to combine heats on the day.
- Multiclass:** MC swimmers are welcome and will be seeded according to Age and Time.
- Awards:** Medals will be awarded as per the details for each session (see below)
- Warm Up:** As well as the allotted warm up time in the competition pool Logan North Aquatic Centre has a 25m pool available for warm up throughout the day.
- Food:** A BBQ will be operating for Breakfast and Lunch. The kiosk will be open for purchase of drinks.



**2023 Logan Vikings SC Preparation Meet**  
**Venue**  
*Saturday 1st July 2023*

**Program of Events**

**Session 1**

*9.00am Start – 8.00am warm up*

| <b>Boys Events</b> | <b>Age</b>   | <b>Event Description</b> | <b>Girls Events</b> |
|--------------------|--------------|--------------------------|---------------------|
| <b>1</b>           | 9 - 11 years | 200 Freestyle            | <b>2</b>            |
| <b>3</b>           | 8-11 years   | 50m Breaststroke         | <b>4</b>            |
| <b>5</b>           | 9 - 11 years | 100m Backstroke          | <b>6</b>            |
| <b>7</b>           | 8-11 years   | 50m Butterfly            | <b>8</b>            |
| <b>9</b>           | 8 - 11 years | 100m Freestyle           | <b>10</b>           |
| <b>11</b>          | 8-11 years   | 50m Backstroke           | <b>12</b>           |
| <b>13</b>          | 9 - 11 years | 100m Butterfly           | <b>14</b>           |
| <b>15</b>          | 8-11 years   | 50m Freestyle            | <b>16</b>           |
| <b>17</b>          | 9 - 11 years | 100m Breaststroke        | <b>18</b>           |
| <b>19</b>          | 10- 11 years | 200m Individual Medley   | <b>20</b>           |

*Note: Medals will be awarded to the fastest three placegetters in each age group (8, 9, 10 and 11 years).*

**Session 2**

*12.00pm noon or later start*

| <b>Boys Events</b> | <b>Age</b>      | <b>Event Description</b> | <b>Girls Events</b> |
|--------------------|-----------------|--------------------------|---------------------|
| <b>21</b>          | 12 years& Over  | 400m Individual Medley   | <b>22</b>           |
| <b>23</b>          | Open            | 100m Breaststroke        | <b>24</b>           |
| <b>25</b>          | 12 years & over | 50m Backstroke           | <b>26</b>           |
| <b>27</b>          | 12 years & over | 200m Butterfly           | <b>28</b>           |
| <b>29</b>          | Open            | 200 Freestyle            | <b>30</b>           |
| <b>31</b>          | Open            | 200m Backstroke          | <b>32</b>           |
| <b>33</b>          | 12 years & over | 100m Butterfly           | <b>34</b>           |
| <b>35</b>          | 12 years & over | 50m Breaststroke         | <b>36</b>           |
| <b>37</b>          | Open            | 200m Individual Medley   | <b>38</b>           |
| <b>39</b>          | 12 years & over | 100m Freestyle           | <b>40</b>           |
| <b>41</b>          | 12 years & over | 50m Butterfly            | <b>42</b>           |
| <b>43</b>          | Open            | 200m Breaststroke        | <b>44</b>           |
| <b>45</b>          | Open            | 100 Backstroke           | <b>46</b>           |
| <b>47</b>          | 12 years & over | 50 Freestyle             | <b>48</b>           |
| <b>49</b>          | 12 years & over | 400 Freestyle            | <b>50</b>           |
| <b>51</b>          | Open            | 800m Freestyle           | <b>52</b>           |
| <b>53</b>          | Open            | 1500m Freestyle          | <b>54</b>           |

*Note: Medals will be awarded to the fastest three placegetters in each age group for the 50m and 100m events (12, 13, 14, 15 years & over). Fastest three placegetters overall will be awarded medals in the Open Events (200m, 400m, 800m and 1500m).*

