

**CHURCHIE SWIM CLUB**  
**LONG COURSE PREPARATION SPRINT MEET**  
**SUNDAY 14<sup>TH</sup> JANUARY 2024**

**DATE** Sunday 14<sup>th</sup> January 2024

**VENUE** The Barry McCart Aquatic Centre  
Anglican Church Grammar School  
Oaklands Parade (enter via cnr. Heath & Hilton Sts)  
East Brisbane

**TIME** Warm Up: 7.30 am  
Start: 8.30 am.

Junior session will commence at 8.30 am. Senior session will commence at the completion of the senior session. The 25m pool will be available all day for warm up and warm down.

**AGE** Age as at 14<sup>th</sup> January 2024

**ELIGIBILITY** This meet is open the following Brisbane clubs:

Acacia Bayside, AJ's, Ambrose Treacy, Bellbowrie, Bethania, Boonah, Brisbane Jets, Canterbury Taipans, Carina Leagues CJ's, Centenary Dolphins, Chandler, Churchie, Donald ST, Element, Greenbank Gators, Iona, Ipswich Community, Ipswich Girls and Junior, Ipswich Vikings, Jamboree Heights, Karalee, Lakes, Logan Vikings, Logan West, Lowood & District, Mansfield, Milton, Moreton Bay, New Star, Rackley Colmslie, Rackley Hibiscus, Rackley Parkinson, Rackley Runcorn, Railways, Redlands, Rosewood, Sheldon, Southside Aquatics, Sunnybank, The Swim Academy (Bayside), Waterworx, Wellington Point, Western Aquatics, Woogaroo, Yeronga Park, Darling Downs, Gold Coast

**NOMINATIONS** Online entry via Swim Central only.  
\$9.00\* per event

Nominations close: Tuesday 9<sup>th</sup> January 2024 @ 11.59pm

**LATE ENTRIES FEE \$15 per event**

\*Online transactions will incur a processing fee of 1.5%

Click here to nominate [Swim Central](#)

## EVENTS

As per the attached Program of Events,

All events are to be swum as timed finals. Heats will be swum fastest to slowest.

Self marshalling will be used at this meet.

### MINIMUM AGE IS 8 YEARS

Refund of nomination fees will only be given in the case of a medical condition. A valid medical certificate must be sighted within 7 days after the completion of the meet to receive a refund.

## MEDALS

Medals will be awarded for.

The fastest three placegetters in the following age groups:

- ❖ 50m events – 8, 9, 10, 11, 12, 13, 14, 15 years & over.

## RULES

This meet will be conducted under SQ/SAL Rules.

An entry list will be emailed to all competitors for checking, prior to the meet.

A meet program and timeline will be emailed to competitors prior to the meet.

## PROGRAM OF EVENTS

Boys	Girls	Age	Event
<b>SENIOR SESSION</b>			
1	2	8 – 11 years	50m Butterfly
3	4	8 – 11 years	50m Backstroke
5	6	8 – 11 years	50m Breaststroke
7	8	8 – 11 years	50m Freestyle
<b>JUNIOR SESSION</b>			
9	10	12 years & over	50m Butterfly
11	12	12 years & over	50m Backstroke
13	14	12 years & over	50m Breaststroke
15	16	12 years & over	50m Freestyle

## RULES

Any questions or queries please reach out to [committee@churchieswimclub.com.au](mailto:committee@churchieswimclub.com.au) or [president@churchieswimclub.com.au](mailto:president@churchieswimclub.com.au)