

2023 Rackley Colmslie LC SPRINT Transition Meet**Sunday 15th October 2023****Colmslie Pool, 400 Lytton Road, Morningside**

This meet is a great chance to clock a fast time for relay selection for Brisbane and State relay teams.

Time	Junior Session: Warm up from 2:00 pm, racing from 2.30 pm Senior Session: Racing not before 4.00pm, warm up 30 minutes prior.
Nominations	All event nominations can be made through Swim Central. Nominations are capped at 150 swimmers per session as per Swimming QLD. Nominations will close once the limit has been reached, so please nominate as soon as you can.
Eligibility	Entry is open to all SQ registered competitive swimmers.
Age	As at 15th October 2023 (minimum age 7 years).
Nominations Close	5pm Friday 6 th October 2023
Event Fees	\$9 per individual event plus GST. A 1.5% system fee, and a 1.5% transaction fee will be applied in the shopping trolley.
Multiclass	MC swimmers are welcome and will be seeded according to Age and Time.
Events	This meet is sanctioned by Swimming Queensland and times will be recognised as official qualifying times for the Brisbane and Queensland Championships. All events will be swum as timed finals. The technical manager, in consultation with the referee, reserves the right to combine heats on the day.
Refunds	No refunds will be given for withdrawal from the meet unless it is due to medical reasons. If withdrawing for medical reasons, please notify us as soon as practical and email your refund request with a medical certificate provided within 7 days of the meet (bank fees will be deducted).
Spectators	Spectators are welcome. Entry fee of \$4 per family which includes a lucky door raffle ticket.
Awards	Medals will be awarded to the three fastest swimmers in the following age groups: 50m Events: 7,8, 9, 10, 11, 12, 13, 14, 15 years & over
Program	Will be emailed to all swimmers ahead of the meet
Timekeeping	A timekeeping roster will be emailed to Race Secretaries and posted on our website closer to the meet date. All Clubs competing may be required to provide timekeepers during the meet based on the number of nominated swimmers.
Facility	The Colmslie centre has a limited amount of shade and seating areas. Please bring your own chairs and shade cover.

Food We will have a BBQ running throughout the afternoon .
The kiosk will also be open for purchase of coffee, soft drinks and other goodies.

Events *Junior Session (2pm warm up 2.30 start)*

Boys	Age	Description	Girls
1	7-11	50m Butterfly	2
3	7-11	50m Backstroke	4
5	7-11	50m Breaststroke	6
7	7-11	50m Freestyle	8

Senior Session (not before 4.00pm, warm up 30 mins prior)

Boys	Age	Description	Girls
9	12+	50m Butterfly	10
11	12+	50m Backstroke	12
13	12+	50m Breaststroke	14
15	12+	50m Freestyle	16

Meet entry list, program of events, estimated timeline and timekeeping roster will be emailed to all club race secretaries. For more info about the meet or nomination enquiries, please contact:

Rory O'Hara – colmslie.club@rackleyswimteam.com.au

We look forward to an exciting day of racing and welcome you to our club.