



Yeronga Park Swim Club

Long Course Preparation Meet

9 September 2023

- Date:** Saturday, 9 September 2023
- Venue:** Yeronga Park Swimming Complex, 55 School Rd, Yeronga
- Time:** Gates Open 10:30am
Junior Session: Warm up from 11:00am, racing from 11:30am.
Senior Session: Racing not before 2pm – Time TBC
- Age:** Age as at 9 September 2023 – Minimum age is 8 Years.
- Eligibility:** Entry is open to all Swimming Queensland “Competitive” registered swimmers who are members of the following clubs.
- AJ's, Bellbowrie, Boonah, Brisbane Jets, Donald ST, Element, New Star, Rackley Colmslie, Rackley Hibiscus, Rackley Runcorn, Sunnybank, Wilston, Yeronga Park.
- Events:** As per the attached Program of Events.
All events are swum as timed finals with heats being swum fastest to slowest.
Minimum age is 8 years and 11 years for open events.
Medals will be awarded as outlined in the Program of Events below.
Multi Class swimmers welcome in all events. There will be no individual Multi Class events.
- Rules:** This meet will be conducted under SQ/SAL rules.
An entry list will be emailed to all competitors for checking prior to the meet.
A meet program and timeline will be emailed to competitors prior to the meet.
Attending Clubs will be required to provide timekeepers and lap counters for 800m/1500m events.
- Nominations:** Online entry via Swim Central only
\$9.00 per event (plus transaction fee)
Nominations close 11:59pm Tuesday 29 August 2023
- Spectators** A \$5.00 entry fee per spectator will apply.
Swimmers are free.
Coaches, Parents and Swimmers should BYO chair for the meet.
Clubs can BYO marquee/tent for shade protection
- Food:** Food and drinks will be available on the day from the pool canteen.
- Refunds:** NO REFUNDS will be given for withdrawal from the meet unless it is due to medical reasons. If withdrawing for medical reasons an email notification must be provided by 5pm Friday 8 September along with a refund request and medical certificate provided within 7 days of meet.
Email our Race Secretary via: racesecretary@ypsc.com.au
- Contact:** Gemma Zangari - clubcoordinator@ypsc.com.au M: 0414 231 979



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Program of Events

Session 1

11:30am Start – 11:00am warm up.

Boys Events	Age	Event Description	Girls Events
1	9 – 11 years	200m Individual Medley	2
3	8 – 11 years	50m Freestyle	4
5	9 – 11 years	100m Backstroke	6
7	8 – 11 years	50m Breaststroke	8
9	9 – 11 years	100m Butterfly	10
11	8 – 11 years	50m Backstroke	12
13	8 – 11 years	100m Freestyle	14
15	8 – 11 years	50m Butterfly	16
17	9 – 11 years	100m Breaststroke	18
19	9 – 11 years	200m Freestyle	20

Note: Medals to be awarded to the fastest three placegetters in each age group for the following events: 50m events (8, 9, 10 and 11 years); 100m Freestyle (8, 9, 10 and 11 years); all other 100m events & 200m events (9, 10 and 11 years).

Session 2

2:00pm or later start.

Boys Events	Age	Event Description	Girls Events
21	Open	400m Freestyle	22
23	12 years & over	100m Breaststroke	24
25	12 years & over	50m Backstroke	26
27	Open	200m Butterfly	28
29	Open	200m Breaststroke	30
31	Open	200m Backstroke	32
33	12 years & over	100m Butterfly	34
35	12 years & over	50m Breaststroke	36
37	Open	200m Individual Medley	38
39	12 years & over	100m Freestyle	40
41	12 years & over	50m Butterfly	42
43	Open	200m Freestyle	44
45	12 years & over	100m Backstroke	46
47	12 years & over	50m Freestyle	48
49	Open	400m Individual Medley	50
51	Open	800m Freestyle	52
53	Open	1500m Freestyle	54

Note: Medals will be awarded to the fastest three placegetters in each age group for the 50m and 100m events (12, 13, 14, 15 years & over). Fastest three placegetters overall will be awarded medals in the Open Events (200m, 400m, 800m and 1500m).