



2023 MCA Swimming Club Short Course Preparation Meet Saturday 1st July 2023

EVENT DATE

Saturday, 1st July 2023

VENUE

MCA Swimming Pool, Glenlyon Drive,
Ashgrove

ENTRIES CLOSE

Tuesday, 20 June 2023

PARKING

Parking will be available at the pool.

TIMES

Warm Up: 8:00 am

Start: 9:00 am

*Junior Session will commence at 9:00 am.
The senior session will commence after the
completion of the junior session.*

AGE

Age as of 1 July 2023

(Minimum age for this meet is 8)

Session 1 - Juniors (8 – 12)

Session 2 - Seniors (13 – 18)

FACILITY ENTRY FEE

Free of charge

PROGRAM

The event program will be emailed to clubs
and competitors prior to the event.
Programs will not be available at the meet.

FOOD & DRINKS

The MCA Café will be open for this event
with a range of food, coffee and cold
drinks.

**PLEASE NOTE: THE CAFÉ IS CASHLESS AND
WILL NOT ACCEPT CASH.**

Swimming Brisbane sanctions, this meet and will be conducted under Swimming Queensland (SQ)/SAL rules. Times achieved will be recognized as official qualifying times for Queensland State Championships and Brisbane Swimming Association (BSA) Championships.

ELIGIBILITY

Entry is open to the following Brisbane Clubs:

Acacia Bayside, Brisbane Grammar, Carina Leagues CJ's, Churchie, Clayfield, Commercial, Ferny Hills, Iona, MCA, Rackley (Central), Somerville House, St Margaret's, The Swim Academy – Brisbane, Virginia, Wilston

EVENTS

- As per the Program of Events.
- The referee reserves the right to combine heats on the day.
- All events will be swum as timed finals, with heats swum from fastest to slowest.
- The minimum Age is 8 Years, and the minimum age for open events is 11 Years.
- Multiclass Swimmers are eligible to swim in all events.
- Refunds for nomination fees in the case of medical conditions can be requested via swim central.
- This event is a self-marshalling event.

NOMINATIONS

- Online entries only via Swim Central only.
- Nomination fee: \$9.00* per event.
- Entries close: Tuesday, 20 June 2023 @ 11:59 pm.
- **NO LATE ENTRIES WILL BE ACCEPTED**
*Online transactions will incur a processing fee of 1.5%

MEDALS

Medals will be awarded to the fastest three placegetters in the following age groups:

- 50m events – 8 years, 9, 10, 11, 12, 13, 14, 15 years & over.
- 100m events – 9 Years, 10, 11, 12, 13, 14, 15 years & over.
- Open events – 1st, 2nd & 3rd overall.

COVID 19 SAFE EVENT

- To comply with the Queensland Government regulations for the running of a COVID Safe Event, MCA Swim Club will conduct this meet in accordance with SQ guidelines which are subject to change.
- All attendees are required to maintain social distancing in the complex and if not, possible attendees are asked to wear a mask.
- If unwell, please do not attend this event.

OTHER INFORMATION

- The entry list will be emailed to all competitors for checking prior to the meet.
- A meet program and timeline will be emailed to competitors prior to the meet.
- Visiting clubs will be asked to assist with timekeeping during the meet. A roster will be e-mailed to all participating clubs prior to the meet.
- Results will be progressively uploaded to Meet Mobile during the meet.

Session 1

9.00 am Start – 8.00 am Warm-up.

Boys Events	Age	Event Description	Girls Events
1	9 - 11 years	100m Individual Medley	2
3	8-11 years	50m Freestyle	4
5	9 - 11 years	100m Backstroke	6
7	8-11 years	50m Breaststroke	8
9	9 - 11 years	100m Butterfly	10
11	8-11 years	50m Backstroke	12
13	9 - 11 years	100m Freestyle	14
15	8-11 years	50m Butterfly	16
17	9 - 11 years	100m Breaststroke	18
19	10- 11 years	200m Freestyle	20

Note: Medals will be awarded to the fastest three placegetters in each age group (8, 9, 10 and 11 years).

Session 2

12.00 pm noon or later start.

Boys Events	Age	Event Description	Girls Events
21	12 years& Over	100m Individual Medley	22
23	Open	400m Freestyle	24
25	12 years & over	100m Breaststroke	26
27	12 years & over	50m Freestyle	28
29	Open	200m Backstroke	30
31	Open	200m Butterfly	32
33	12 years & over	100m Freestyle	34
35	12 years & over	50m Backstroke	36
37	Open	200m Individual Medley	38
39	12 years & over	100m Backstroke	40
41	12 years & over	50m Butterfly	42
43	Open	200m Breaststroke	44
45	Open	200m Freestyle	46
47	12 years & over	100m Butterfly	48
49	12 years & over	50m Breaststroke	50
51	Open	400m Individual Medley	52
53	Open	800m Freestyle	54
55	Open	1500m Freestyle	56

Note: Medals will be awarded to the fastest three placegetters in each age group for the 50m and 100m events (12, 13, 14, 15 years & over). Fastest three placegetters overall will be awarded medals in the Open Events (200m, 400m, 800m and 1500m).