





# Sunnybank Junior SC Transition Meet

## Sunday 21 May, 2023

<b>Date:</b>	Sunday 21 <sup>st</sup> May, 2023
<b>Gates Open:</b>	No earlier than 11.30am
<b>Times:</b>	12.30pm Races commence (warm-up from 11.45am)
<b>Age:</b>	As at 21 <sup>st</sup> May 2023. Minimum age for competitors is 6 years.
<b>Eligibility:</b>	Entry is open to all Swimming Queensland 'competitive' swimmers. All events will be swum as timed finals. The referee reserves the right to combine heats on the day.
<b>Rules:</b>	This meet will be conducted under SQ/SAL Rules and rule tolerance will be applied to designated events and age groups. Swimmers who participate in events where Rule Tolerances are applied may be given verbal feedback or a Stroke Correction Form when they infringe the rules. This will enable coaches to address specific problems identified by the Meet Referee with their respective swimmers. This is to be seen as assistance rather than criticism.
<b>Nominations:</b>	Nominations are online only via <a href="#">SWIM CENTRAL</a> . <b>Maximum number of entries per swimmer is 5.</b> Online entries close on <b>Tuesday 9<sup>th</sup> May, 2023 at 11:59pm.</b> <b>Nominations may close early if meet numbers exceed 125 swimmers. No late entries will be accepted.</b>
<b>Nomination fee:</b>	\$8.00 per individual event (Plus transaction fee)
<b>Programs:</b>	NO PROGRAMS AVAILABLE FOR PURCHASE. The program will be emailed to clubs and members on Friday 19 <sup>th</sup> May.
<b>Medals:</b>	Medals will be awarded to the three fastest swimmers for the following age groups: 25m events – 6, 7, 8, 9 Years 50m events - 8 & Under, 9, 10, 11, 12 Years
<b>Refunds:</b>	No refunds will be given for withdrawal from the meet unless it is due to medical reasons. If withdrawing for medical reasons, an email notification must be received by 12:30pm Saturday 21st May and a refund request with medical certificate provided within 7 days of meet. Email our club secretary via: <a href="mailto:raceseecretary.sunnybankswimming@gmail.com">raceseecretary.sunnybankswimming@gmail.com</a>
<b>Timekeeping:</b>	A time keeping roster will be emailed to clubs. All competing clubs are expected to provide timekeepers during the meet based on the number of nominated swimmers from their club.
<b>Self-Marshalling</b>	Self-marshalling will take place in the allocated self-marshalling area. Swimmers will need to mark their name off in the program for their designated lane, then, following the directions of marshalling helpers / check starters, progress forward to their heat & lane for their race.  Check starters will be present to assist swimmers if required.

<b>Entry Fees:</b>	Competitors' entry fees are covered in their meet nomination fees. For all other attendees, a <b>\$5.00 entry fee</b> per family will apply, payable at the gate via eftpos or cash.
<b>Co-mingling reduction</b>	All attendees should maintain social distancing at all times in the complex. BYO chairs for the duration of the meet is recommended.
<b>Location</b>	<p>121 Mains Road Sunnybank QLD 4109</p> <p>(Entry is via the Altandi Railway Station carpark)</p> <p>Please note that parking is very restricted on a Sunday due to adjacent church services. Altandi Station can be busy and parking is limited. Alternative parking is available in the gated church car park near Altandi station (behind the church) as well as the surrounding streets. A short walk may be required.</p> 
<b>Alternate Parking</b>	<p>Our Lady of Lourdes School - carparks in Shearwin Street and Trudgian Street (Cross at lights on Mains Road).</p> <p>Other nearby streets for parking: Mulgowie St, Alconah St, Dunedin St</p>
<b>Food</b>	There will be a small BBQ available as well as the pool canteen.
<b>Meet mobile</b>	<p>Sunnybank Junior SC Transition Meet 2023</p> <p>Results will be progressively uploaded to Meet Mobile during the meet.</p> 

## Program of Events

Event No.		Age	Distance	Stroke
Male	Female			
1	2	9 & Under	25m	Freestyle (Rule Tolerance)
3	4	12 & Under	50m	Freestyle
5	6	9 & Under	25m	Backstroke (Rule Tolerance)
7	8	12 & Under	50m	Backstroke
9	10	12 & Under	100m	Freestyle
11	12	9 & Under	25m	Butterfly (Rule Tolerance)
13	14	12 & Under	50m	Butterfly
15	16	9 & Under	25m	Breaststroke (Rule Tolerance)
17	18	12 & Under	50m	Breaststroke
19	20	12 & Under	100m	Ind Medley