


2023 Rackley Parkinson LC Preparation Sprint Meet
Sunday 15th January 2023
Parkinson Aquatic Centre, 751 Algester Road, Parkinson

Times:	Senior Session, 12yrs+: 8:00am races commence (warm-up from 7:30am) Junior Session, 8-11yrs: Races commence TBA (warm-up TBA).
Age:	As of 15th January 2023. Minimum age for competitors is 8yrs.
Eligibility:	Entry is open to all SQ registered competitive swimmers that are from clubs allocated to this meet by Brisbane Swimming. All events will be swum as timed finals. The referee reserves the right to combine heats on the day.
Rules:	This meet will be conducted under SQ/SAL Rules and rule tolerance will be applied to designated events and age groups.
Nominations:	Online entries through Swim Central. Click here: SWIM CENTRAL Online entries will close: 11:59pm Tuesday 3rd January 2023 . Nominations may close early if meet numbers or timeframes are met.
Nomination fee:	\$9.00 per individual event plus GST. (Plus online transaction fee of 1.5%)
Medals:	Medals will be awarded to the three fastest swimmers in the following age groups - 8, 9, 10, 11, 12, 13, 14, 15 years & over
Spectators:	Spectators are welcome and are free to enter.
Food	There will be a BBQ available on the day. There is also a kiosk where you can purchase drinks and snacks.
Raffle:	Raffle tickets will be on sale. Lots of prizes to be won!
Planning:	The centre has tiered seating area with some shade. Please bring your own chairs and shade cover. There are a limited number of car parks, with on-road parking available as shown below. 

COVID-Safe meet Information:	In order to comply with Queensland Government regulations for the running of COVID Safe events all nominees must confirm they agree to the below: COVID - 19 Terms and Conditions Please note the current Swimming Qld Covid 19 guidelines will apply and are subject to change
General:	Meet entry list, estimated timeline, program and timekeeping roster will be emailed ahead of the meet. For more information, please contact the following: Anita Grady – parkinson.club@rackleyswimteam.com.au
Late Entries:	If we accept any late entries, they will be entered manually with a seed time of NT.

Program of Events

8:00am Racing Start (7:30am warm-up) **Senior Session (12yr+):**

Men's Events	Event Description	Women's Events
1	50m Freestyle	2
3	50m Breaststroke	4
5	50m Backstroke	6
7	50m Butterfly	8

Start TBA (TBA warm-up) **Junior Session (8-11yr):**

Boy's Events	Event Description	Girl's Events
9	50m Freestyle	10
11	50m Breaststroke	12
13	50m Backstroke	14
15	50m Butterfly	16

Clubs allocated to this meet:

- Acacia Bayside
- Bethania
- CYMS St Edmonds
- Iona
- Ipswich Vikings
- Lakes
- Lowood
- New Star
- Railways
- Sheldon
- The Swim Academy (Bayside)
- Western Point
- Gold Coast
- AJ's
- Boonah
- Donald ST
- Ipswich Community
- Jamboree Heights
- Logan Vikings
- Mansfield
- Rackley (Central)
- Redlands
- Southside Aquatics
- Waterworx
- Western Aquatics
- Ambrose Treacy
- Canterbury Taipans
- Greenbank Gators
- Ipswich Grammar
- Karalee
- Logan West
- Moreton Bay
- Rackley (South)
- Rosewood
- Sunnybank
- Wellington Point
- Woogaroo

We look forward to an exciting days racing and welcome you to our club.