SWIMMING BRISBANE rvorgee
SENIOR METROPOLITAN CHAMPIONSHIPS 2024

## MEET INFORMATION

## 2024 Vorgee Brisbane Senior Metropolitan Championships

Brisbane Aquatic Centre
8-10 March 2024


## ELIGIBILITY

Swimmers must be a registered member of a club affiliated with Brisbane Swimming. Members of overseas swimming federations are ineligible.

## AGE

Age as at the first day of the 2024 Brisbane Senior Met Championships (8 March 2024).

## ENTRIES AND ENTRY FEES

Entries are $\$ 15^{*}$ each and are to be completed online via Swim Central. *Plus fees

Entries close Midnight, Tuesday 27 February.

## LATE ENTRIES

Late entries from Wednesday 28 March until midday Friday 1 March and will incur a late entry fee of $\$ 25$ per event*. Any further late entries are at the discretion of the Nominations Officer and if accepted will be $\$ 50$ per event.

## ENTRY LIST

The entry list will be emailed to all nominated swimmers and available on the event page, on Friday 1 March. All swimmers must check their entries thoroughly and if any changes are required the discrepancy form must be completed.

## QUALIFYING TIMES

Qualifying times must have been achieved at an approved meet (either short course or long course) on or after 1 January 2023. Converted short course times will only be used where an existing long course time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned. There are no qualifying times for Multi Class events.

## TICKETING

Tickets for this meet will be on sale via Ticketbooth on the Tuesday prior to the meet. The ticket link will be made available on our website.
$\diamond$ Ticketing is general admission.
$\diamond$ Tickets are only required for spectators 16 years and over ( $\$ 7$ each plus fees).
$\diamond$ Children 15 years and younger are free (and don't require a ticket).
$\diamond$ Concession Card Holders\# are free on presentation of their card (and don't require a ticket).
"Eligible Concessions: Department of Veterans' Affairs Card Holder, TPI or Department of Veterans' Affairs issued Pensioner Concession Card Holder, Commonwealth Senior Health Care Card Holder, Pensioner Concession Card Holder, Health Care Card Holder or Full time Australian Secondary or Tertiary student Card Holder.

## SELF-MARSHALLING

Self-marshalling will be in place, swimmers should ensure they are ready to self marshal:
$\diamond 8$ heats prior for 50 m events,
$\diamond 3$ heats prior for 100 m and 200 m events,
$\diamond 2$ heats prior for $400 \mathrm{~m}^{\wedge}$ events, and
$\diamond 1$ heat prior for $800 \mathrm{~m}^{\wedge}$ and $1500 \mathrm{~m}^{\wedge}$ events.
${ }^{\wedge}$ Events of 400 m and over require swimmers (or their Coach / Team Manager) to confirm their intention to swim. This must be completed at the Help Desk, a minimum of one hour prior to the published start time of the relevant event. Failure to confirm their intention to swim will be taken as a withdrawal. Confirmed swimmers must then follow the selfmarshalling procedures.

## TIMEKEEPER ROSTER

A timekeeper roster will be confirmed and published closer to the meet.

## MEDALS

Multi Class events are conducted as 'Open Events' and will be awarded medals in three age bands as listed below, as determined using the Multi Class Points Score System. 8yrs -11 yrs, 12 yrs $-15 y r s$ and $16 y r s ~ \& ~ o v e r ~$

For all other events, medals will be awarded as follows:
$\diamond 50 \mathrm{~m}$ Events: $13 \mathrm{yrs}, 14 \mathrm{yrs}, 15 \mathrm{yrs}$,
$16 y r s, 17 y r s, 18 y r s$, \& Open
$\diamond$ 100m Events: 13yrs, $14 y r s, 15 y r s$, $16 y r s, 17 y r s, 18 y r s, \& 19$ \& Over
$\diamond 200 \mathrm{~m}$ Freestyle: 13yrs, $14 y \mathrm{rs}, 15 \mathrm{yrs}$, $16 y r s, 17 y r s, 18 y r s$, \& Open
$\diamond 200 \mathrm{~m}$ Ind. Medley: 13yrs, $14 y \mathrm{rs}, 15 \mathrm{yrs}$, $16 y r s, 17 y r s, 18 y r s$, \& Open
$\diamond 200 \mathrm{~m}$ Form Strokes: $12 \mathrm{yrs}, 13 y r s, 14 y \mathrm{rs}$, $15 y r s, 16 y r s, 17 y r s, 18 y r s, \&$ Open
$\diamond 400 \mathrm{~m}$ Events: $12 \mathrm{yrs}, 13 \mathrm{yrs}, 14 \mathrm{yrs}, 15 \mathrm{yrs}$, $16 y r s, 17 y r s, 18 y r s, \&$ Open
$\diamond 800 \mathrm{~m}$ Freestyle: 12yrs, $13 \mathrm{yrs}, 14 \mathrm{yrs}$, $15 y r s, 16 y r s, 17 y r s, 18 y r s, \&$ Open
$\diamond 1500 \mathrm{~m}$ Freestyle: $13 \mathrm{yrs}, 14 \mathrm{yrs}, 15 y r s$, 16yrs, 17yrs, 18yrs, \& Open

## RIBBONS

Top ten ribbons will be available.

## PREMIERSHIP POINTS

Points will be awarded in all divisions.

## MAJOR AWARDS

The following awards will be presented on the Brisbane Awards Day:
\& Leisel Jones Swimmer of the Meet - Best Performance by a Female Athlete
$\diamond$ Ashley Callus Swimmer of the Meet Best Performance by a Male Athlete
$\Leftrightarrow$ Bill Willis Trophy - Closeness to an Australian Open Record
$\diamond$ Age Group Swimmer of the Meet - Best Performance by an Age Group Swimmer
$\diamond$ Brendan Keogh Swimmer of the Meet Best Performance in Multi Class Events

## AGGREGATE AWARDS

Towels will be awarded to the male and female swimmers who score the highest points in their age group (i.e. $13 y r s, 14 y r s, 15 y r s, 16 y r s, 17 y r s, 18 y r s$ and Open). A Multi Class male and female swimmer will also be presented with a towel award. Points will be as follows: 1st: 6 Points, 2nd: 3 Points, 3rd: 1 point.

## PHOTOS

In nominating, swimmers agree that they may be photographed/videoed by Swimming Brisbane's approved photographer; that the images may be displayed for viewing and purchasing on site during the Championships and on the photographer's secure website after the Championships; and that they may also be used by Swimming Brisbane at its discretion.

## WARM-UP PROCEDURE

Warm up will commence at 4:00pm Friday and 7:00am Saturday and Sunday. The competition pool may be used for warm up, until 15 minutes prior to racing commencing. The the outdoor pool will be in use for the duration of the meet for warm up and warm down.

Competitors must comply with signage on pool deck regarding the use of the warm up and warm down lanes. Diving will not be permitted unless the signage indicates otherwise. Paddles are not permitted during warm up or warm down.

## BAGS/ESKIES

Stadiums Qld rules state that eskies must be soft to touch, no bigger than $40 \times 40 \times 40 \mathrm{~cm}$ and stowed under seats. No other eskies allowed.

## OTHER NOTES FOR COMPETITORS

Protests must be submitted in writing to the Referee by a responsible Team Leader, together with a deposit of $\$ 100$, within 30 minutes of the conclusion of the respective event. Athletes cannot swim 'up' an age.
Seeding fastest to slowest. All starts will be 'over the top'. Competitors will remain in their respective lanes until the next heat is started, with the exception that for Multi Class events, competitors in the final heat of the event prior to all Multi Class events, during the heats of all Multi Class events and after the final heat of all Multi Class events will be asked to clear the water.

Any competitor who qualifies in the top 15 placegetters for the final of an event not wishing to compete in the final must complete and submit a withdrawal form to the help desk (either personally or through his/her authorised representative) within 30 minutes of the posting of the results of the specific event.

Any competitor who qualifies in the top 12 placegetters for the final, following withdrawals is required for the final (which includes reserves).

Only two announcements will be made in relation to the composition of the final field and reserves: an initial announcement when the field is compiled and a second announcement at the expiration of the 30 minute period, as prescribed by the Rules.
The Championships shall be conducted under the Swimming Rules of the World Aquatics as prescribed in the Handbook of the World Aquatics, the Rules of Swimming Australia and the Rules and By-Lays of Swimming Qld with additions or amendments as from time to time decided by Swimming Brisbane Management Committee.

## PROGRAM OF EVENTS

SWMMNG,
BRISBANE
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SENIOR METROPOLITAN CHAMPIONSHIPS
Friday 8 March

## Session 1

Warm up: 4:00pm
Competition: 5:30pm

| Event | Gender | Age | Distance | Stroke | Format |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Men | Multi Class | 100 m | Freestyle | Timed Final |
| 2 | Women | Multi Class | 100 m | Freestyle | Timed Final |
| 3 | Men | $13 \& O$ | 100 m | Freestyle | Heat |
| 4 | Women | $13 \& O$ | 100 m | Freestyle | Heat |
| 5 | Men | $12 \& O$ | 400 m | IM | Timed Final |
| 6 | Women | $12 \& O$ | 400 m | IM | Timed Final |
| 7 | Men | Multi Class | 100 m | Breaststroke | Timed Final |
| 8 | Women | Multi Class | 100 m | Breaststroke | Timed Final |
| 9 | Men | $13 \& O$ | 100 m | Breaststroke | Heat |
| 10 | Women | $13 \& O$ | 100 m | Breaststroke | Heat |

## Saturday 9 March

## Session 2

Warm up: 7:00am
Competition: 8:30am

| Event | Gender | Age | Distance | Stroke | Format |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 3 a | Men | 13 yrs | 100m | Freestyle | Final |
| 3 b | Men | 14 yrs | 100 m | Freestyle | Final |
| 3 c | Men | $15 y r s$ | 100m | Freestyle | Final |
| 3 d | Men | 16 yrs | 100 m | Freestyle | Final |
| 3 e | Men | 17/18yrs | 100m | Freestyle | Final |
| 3 f | Men | 19\&O | 100 m | Freestyle | Final |
| 4 a | Women | 13 yrs | 100 m | Freestyle | Final |
| 4b | Women | 14 yrs | 100 m | Freestyle | Final |
| 4 c | Women | 15 yrs | 100 m | Freestyle | Final |
| 4d | Women | 16 yrs | 100 m | Freestyle | Final |
| 4 e | Women | 17/18yrs | 100 m | Freestyle | Final |
| 4 f | Women | 1980 | 100 m | Freestyle | Final |
| 9a | Men | 13 yrs | 100 m | Breaststroke | Final |
| 9 b | Men | 14yrs | 100 m | Breaststroke | Final |
| 9 c | Men | 15yrs | 100m | Breaststroke | Final |
| 9 d | Men | 16 yrs | 100 m | Breaststroke | Final |
| 9 e | Men | 17/18yrs | 100 m | Breaststroke | Final |
| $9 f$ | Men | 19\&0 | 100 m | Breaststroke | Final |
| 10a | Women | 13 yrs | 100 m | Breaststroke | Final |
| 10b | Women | 14 yrs | 100 m | Breaststroke | Final |
| 10c | Women | 15 yrs | 100 m | Breaststroke | Final |
| 10d | Women | $16 y r s$ | 100 m | Breaststroke | Final |
| 10e | Women | 17/18yrs | 100 m | Breaststroke | Final |
| 10 f | Women | 19\&0 | 100 m | Breaststroke | Final |

## Session 3

Competition: TBC

| Event | Gender | Age | Distance | Stroke | Format |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 11 | Men | Multi Class | 400 m | Freestyle | Timed Final |
| 12 | Women | Multi Class | 400 m | Freestyle | Timed Final |
| 13 | Men | 12\&O | 400m | Freestyle | Timed Final |
| 14 | Women | 1280 | 400 m | Freestyle | Timed Final |
| 15 | Men | 12\&O | 200 m | Butterfly | Timed Final |
| 16 | Women | 1280 | 200 m | Butterfly | Timed Final |
| 17 | Men | Multi Class | 50 m | Freestyle | Timed Final |
| 18 | Women | Multi Class | 50 m | Freestyle | Timed Final |
| 19 | Men | 13\&O | 50 m | Freestyle | Timed Final |
| 20 | Women | 1380 | 50m | Freestyle | Timed Final |
| 21 | Men | Multi Class | 200 m | IM | Timed Final |
| 22 | Women | Multi Class | 200 m | IM | Timed Final |
| 23 | Men | 13\&O | 200 m | IM | Timed Final |
| 24 | Women | 1380 | 200 m | IM | Timed Final |
| 25 | Men | Multi Class | 100m | Butterfly | Timed Final |
| 26 | Women | Multi Class | 100 m | Butterfly | Timed Final |
| 27 | Men | 13\&O | 100m | Butterfly | Heat |
| 28 | Women | 1380 | 100 m | Butterfly | Heat |
| 29 | Men | Multi Class | 100 m | Backstroke | Timed Final |
| 30 | Women | Multi Class | 100 m | Backstroke | Timed Final |
| 31 | Men | 13\&O | 100 m | Backstroke | Heat |
| 32 | Women | 13\&O | 100 m | Backstroke | Heat |
| 33 | Men | 13\&O | 1500 m | Freestyle | Timed Final |
| 34 | Women | 12\&O | 800 m | Freestyle | Timed Final |

## PROGRAM OF EVENTS

## Session 4

Warm up: 7:00am
Competition: 8:30am

| Event | Gender | Age | Distance | Stroke | Format |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 27a | Men | 13yrs | 100m | Butterfly | Final |
| 27b | Men | 14 yrs | 100 m | Butterfly | Final |
| 27 c | Men | 15 yrs | 100 m | Butterfly | Final |
| 27d | Men | $16 y \mathrm{rs}$ | 100 m | Butterfly | Final |
| 27 e | Men | 17/18yrs | 100 m | Butterfly | Final |
| 27f | Men | 19\&O | 100 m | Butterfly | Final |
| 28a | Women | 13 yrs | 100 m | Butterfly | Final |
| 28b | Women | 14 yrs | 100 m | Butterfly | Final |
| 28c | Women | 15yrs | 100 m | Butterfly | Final |
| 28d | Women | 16 yrs | 100 m | Butterfly | Final |
| 28 e | Women | 17/18yrs | 100m | Butterfly | Final |
| 28 f | Women | 19\&O | 100 m | Butterfly | Final |
| 31a | Men | 13 yrs | 100 m | Backstroke | Final |
| 31b | Men | 14 yrs | 100 m | Backstroke | Final |
| 31 c | Men | 15yrs | 100 m | Backstroke | Final |
| 31 d | Men | 16 yrs | 100 m | Backstroke | Final |
| 31 e | Men | 17/18yrs | 100 m | Backstroke | Final |
| 31 f | Men | 19\&O | 100 m | Backstroke | Final |
| 32a | Women | 13 yrs | 100 m | Backstroke | Final |
| 32b | Women | 14 yrs | 100 m | Backstroke | Final |
| 32c | Women | 15 yrs | 100 m | Backstroke | Final |
| 32d | Women | 16yrs | 100 m | Backstroke | Final |
| 32e | Women | 17/18yrs | 100 m | Backstroke | Final |
| 32 f | Women | 19\&O | 100 m | Backstroke | Final |

## Session 5

Competition: TBC

| Event | Gender | Age | Distance | Stroke | Format |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 35 | Men | Multi Class | 200 m | Freestyle | Timed Final |
| 36 | Women | Multi Class | 200 m | Freestyle | Timed Final |
| 37 | Men | $13 \& O$ | 200 m | Freestyle | Timed Final |
| 38 | Women | $13 \& O$ | 200 m | Freestyle | Timed Final |
| 39 | Men | Multi Class | 50 m | Backstroke | Timed Final |
| 40 | Women | Multi Class | 50 m | Backstroke | Timed Final |
| 41 | Men | $13 \& O$ | 50 m | Backstroke | Timed Final |
| 42 | Women | $13 \& O$ | 50 m | Backstroke | Timed Final |
| 43 | Men | $12 \& O$ | 200 m | Breaststroke | Timed Final |
| 44 | Women | $12 \& O$ | 200 m | Breaststroke | Timed Final |
| 45 | Men | Multi Class | 50 m | Butterfly | Timed Final |
| 46 | Women | Multi Class | 50 m | Butterfly | Timed Final |
| 47 | Men | $13 \& O$ | 50 m | Butterfly | Timed Final |
| 48 | Women | $13 \& O$ | 50 m | Butterfly | Timed Final |
| 49 | Men | $12 \& O$ | 200 m | Backstroke | Timed Final |
| 50 | Women | $12 \& O$ | 200 m | Backstroke | Timed Final |
| 51 | Men | Multi Class | 50 m | Breaststroke | Timed Final |
| 52 | Women | Multi Class | 50 m | Breaststroke | Timed Final |
| 53 | Men | $13 \& O$ | 50 m | Breaststroke | Timed Final |
| 54 | Women | $13 \& O$ | 50 m | Breaststroke | Timed Final |
| 55 | Men | $12 \& O$ | 800 m | Freestyle | Timed Final |
| 56 | Women | $13 \& O$ | 1500 m | Freestyle | Timed Final |

## QUALIFYING TIMES

## MALE

|  | 12YRS |  | 13YRS |  | 14YRS |  | 15 YRS |  | 16 YRS |  | 17818YRS |  | Opens |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | LC | SC | LC | SC | LC | SC | LC | SC | LC | SC | LC | SC | LC | SC |
| 50 FREE |  |  | 32.35 | 31.70 | 30.60 | 29.99 | 29.35 | 28.76 | 29.10 | 28.51 | 27.84 | 27.28 | 26.82 | 26.28 |
| 100 FREE |  |  | 1:09.71 | 1:08.31 | 1:06.44 | 1:05.11 | 1:03.17 | 1:01.91 | 1:02.63 | 1:01.38 | 1:00.45 | 59.24 | 58.95 | 57.77 |
| 200 FREE |  |  | 2:27.53 | 2:24.58 | 2:22.77 | 2:19.91 | 2:18.01 | 2:15.25 | 2:16.82 | 2:14.08 | 2:12.06 | 2:09.42 | 2:08.99 | 2:06.41 |
| 400 FREE | 5:40.06 | 5:33.26 | 5:12.95 | 5:06.69 | 5:02.85 | 4:56.79 | 4:52.76 | 4:46.90 | 4:50.23 | 4:44.43 | 4:40.14 | 4:34.53 | 4:36.06 | 4:30.54 |
| 800 FREE | 11:41.69 | 11:27.65 | 10:47.81 | 10:34.86 | 10:26.92 | 10:14.38 | 9:55.57 | 9:43.65 | 9:50.34 | 9:38.53 | 9:39.89 | 9:28.29 | 9:30.96 | 9:19.54 |
| 1500 FREE |  |  | 20:44.17 | 20:19.29 | 20:04.03 | 19:39.95 | 19:03.83 | 18:40.95 | 18:53.80 | 18:31.12 | 18:33.73 | 18:11.46 | 18:11.69 | 17:49.85 |
| 50 BACK |  |  | 38.62 | 37.85 | 37.18 | 36.44 | 36.32 | 35.59 | 35.74 | 35.03 | 34.58 | 33.89 | 32.45 | 31.80 |
| 100 BACK |  |  | 1:22.61 | 1:20.96 | 1:17.68 | 1:16.13 | 1:15.21 | 1:13.71 | 1:13.98 | 1:12.50 | 1:11.51 | 1:10.08 | 1:07.28 | 1:05.94 |
| 200 BACK | 3:13.75 | 3:09.87 | 2:58.30 | 2:54.74 | 2:48.85 | 2:45.47 | 2:44.80 | 2:41.50 | 2:42.09 | 2:38.85 | 2:36.69 | 2:33.56 | 2:27.75 | 2:24.79 |
| 50 BREAST |  |  | 42.73 | 41.87 | 40.82 | 40.00 | 39.86 | 39.06 | 39.22 | 38.43 | 38.26 | 37.50 | 35.34 | 34.63 |
| 100 BREAST |  |  | 1:32.22 | 1:30.37 | 1:26.70 | 1:24.97 | 1:23.96 | 1:22.28 | 1:22.58 | 1:20.93 | 1:19.83 | 1:18.23 | 1:14.60 | 1:13.11 |
| 200 BREAST | 3:40.42 | 3:36.01 | 3:19.44 | 3:15.45 | 3:10.37 | 3:06.57 | 3:04.33 | 3:00.64 | 3:01.31 | 2:57.68 | 2:55.26 | 2:51.76 | 2:41.63 | 2:38.40 |
| 50 FLY |  |  | 36.19 | 35.47 | 34.84 | 34.14 | 34.03 | 33.35 | 33.49 | 32.82 | 32.41 | 31.76 | 30.29 | 29.68 |
| 100 FLY |  |  | 1:19.55 | 1:17.96 | 1:14.80 | 1:13.31 | 1:12.43 | 1:10.98 | 1:11.24 | 1:09.81 | 1:08.86 | 1:07.49 | 1:05.14 | 1:03.84 |
| 200 FLY | 3:17.28 | 3:13.33 | 2:56.96 | 2:53.42 | 2:48.92 | 2:45.54 | 2:43.56 | 2:40.29 | 2:40.88 | 2:37.66 | 2:35.52 | 2:32.41 | 2:26.48 | 2:23.55 |
| 200 IM |  |  | 3:03.78 | 3:00.10 | 2:50.07 | 2:46.66 | 2:45.95 | 2:42.63 | 2:40.46 | 2:37.25 | 2:34.98 | 2:31.88 | 2:27.33 | 2:24.38 |
| 400 IM | 6:53.37 | 6:45.10 | 6:32.83 | 6:24.97 | 6:03.51 | 5:56.24 | 5:54.71 | 5:47.62 | 5:40.06 | 5:33.26 | 5:31.26 | 5:24.64 | 5:18.61 | 5:12.23 |

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2023. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved. For $12 y r s$, if there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.

## QUALIFYING TIMES

## FEMALE

|  | 12YRS |  | 13YRS |  | 14YRS |  | 15YRS |  | 16 YRS |  | 17\%18YRS |  | Opens |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | LC | SC | LC | SC | LC | SC | LC | SC | LC | SC | LC | SC | LC | SC |
| 50 FREE |  |  | 33.97 | 33.29 | 32.85 | 32.19 | 32.00 | 31.36 | 31.72 | 31.09 | 31.16 | 30.54 | 30.94 | 30.32 |
| 100 FREE |  |  | 1:12.95 | 1:11.49 | 1:09.94 | 1:08.54 | 1:08.12 | 1:06.76 | 1:07.52 | 1:06.17 | 1:06.92 | 1:05.58 | 1:05.02 | 1:03.72 |
| 200 FREE |  |  | 2:35.39 | 2:32.28 | 2:30.12 | 2:27.11 | 2:28.80 | 2:25.82 | 2:27.48 | 2:24.53 | 2:26.17 | 2:23.24 | 2:22.48 | 2:19.63 |
| 400 FREE | 5:40.06 | 5:33.26 | 5:23.61 | 5:17.14 | 5:12.64 | 5:06.38 | 5:09.89 | 5:03.70 | 5:07.15 | 5:01.01 | 5:04.41 | 4:58.32 | 4:54.30 | 4:48.41 |
| 800 FREE | 11:41.69 | 11:27.65 | 11:02.08 | 10:48.84 | 10:45.10 | 10:32.20 | 10:33.78 | 10:21.11 | 10:28.12 | 10:15.56 | 10:22.46 | 10:10.02 | 10:16.12 | 10:03.80 |
| 1500 FREE |  |  | 20:48.08 | 20:23.12 | 20:26.56 | 20:02.03 | 20:05.04 | 19:40.94 | 19:54.28 | 19:30.40 | 19:43.53 | 19:19.85 | 19:23.76 | 19:00.49 |
| 50 BACK |  |  | 40.37 | 39.56 | 39.39 | 38.60 | 39.07 | 38.29 | 38.75 | 37.97 | 38.42 | 37.65 | 35.96 | 35.24 |
| 100 BACK |  |  | 1:26.41 | 1:24.68 | 1:22.96 | 1:21.30 | 1:21.57 | 1:19.94 | 1:20.88 | 1:19.27 | 1:20.19 | 1:18.59 | 1:15.23 | 1:13.73 |
| 200 BACK | 3:13.75 | 3:09.87 | 3:01.83 | 2:58.20 | 2:57.36 | 2:53.81 | 2:55.87 | 2:52.35 | 2:54.38 | 2:50.89 | 2:52.89 | 2:49.43 | 2:43.04 | 2:39.78 |
| 50 BREAST |  |  | 44.58 | 43.69 | 43.50 | 42.63 | 43.16 | 42.29 | 42.80 | 41.94 | 42.44 | 41.59 | 40.24 | 39.44 |
| 100 BREAST |  |  | 1:37.13 | 1:35.19 | 1:34.04 | 1:32.16 | 1:30.96 | 1:29.14 | 1:30.19 | 1:28.39 | 1:29.42 | 1:27.63 | 1:24.38 | 1:22.69 |
| 200 BREAST | 3:42.09 | 3:37.64 | 3:28.73 | 3:24.56 | 3:20.38 | 3:16.38 | 3:17.04 | 3:13.10 | 3:15.37 | 3:11.46 | 3:13.70 | 3:09.83 | 3:01.67 | 2:58.03 |
| 50 FLY |  |  | 37.79 | 37.03 | 36.88 | 36.14 | 36.57 | 35.84 | 36.27 | 35.54 | 35.98 | 35.26 | 33.65 | 32.98 |
| 100 FLY |  |  | 1:24.04 | 1:22.36 | 1:21.35 | 1:19.72 | 1:19.33 | 1:17.74 | 1:18.66 | 1:17.09 | 1:17.99 | 1:16.43 | 1:11.95 | 1:10.51 |
| 200 FLY | 3:18.78 | 3:14.80 | 3:03.84 | 3:00.16 | 2:59.35 | 2:55.76 | 2:56.36 | 2:52.83 | 2:54.86 | 2:51.37 | 2:53.37 | 2:49.90 | 2:42.62 | 2:39.36 |
| 200 IM |  |  | 3:04.93 | 3:01.23 | 3:01.87 | 2:58.23 | 2:57.28 | 2:53.74 | 2:55.76 | 2:52.24 | 2:54.23 | 2:50.74 | 2:42.95 | 2:39.69 |
| 400 IM | 6:53.37 | 6:45.10 | 6:30.76 | 6:22.94 | 6:24.37 | 6:16.68 | 6:11.38 | 6:03.96 | 6:08.15 | 6:00.79 | 6:04.93 | 5:57.63 | 5:48.31 | 5:41.35 |

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2023. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved. For $12 y r s$, if there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.

