



St Peters Western Swimming Club

2022 Long Course Preparation Meet

Saturday 22nd October 2022

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| Date | Saturday 22nd October 2022 |
| Venue | St Peters Lutheran College 50m Pool, Lohe St, Indooroopilly |
| Time | Warm up: 8:00am Session 1 - Juniors: 9:00am start Session 2 - Seniors: 12:00pm noon or later start |
| Age | As at 22 nd October 2022 (minimum age for meet is 8 years) |
| Eligibility | Entry is open to all SQ 'Competitive' registered swimmers who are members of the following clubs: AJ's, Ambrose Treacy, ASA Swim Team, Ashgrove Tridents, Bethania, Boonah, Centenary Dolphins, CYMS St Edmunds, Greenbank Gators, Ipswich Community, Ipswich Grammar, Ipswich Vikings, Ironside, Ithaca Creek, Jamboree Heights, Karalee, Lakes, Lowood, Milton, Railways, Rosewood, St Peters Western, The Gap, The Swim Academy (Brisbane), University of Queensland, Waterworx, Western Aquatics, Woogaroo |
| Events | As per the attached Program of Events. All events are to be swum as timed finals. Multiclass swimmers are welcome in all events. There will be no individual Multiclass events |
| Medals | Medals will be awarded to the three fastest placegetters in the following age groups: <ul style="list-style-type: none">• 50m & 100m Events: 8, 9, 10, 11, 12, 13, 14, 15 years & over• 200m Events (Junior session): 9, 10 and 11 years• 200m, 400m, 800m and 1500m: Three fastest placegetters overall |
| Entries | Online entry via Swim Central only. Nomination fee of \$10.00 per event (plus online transaction processing fee of 1.5%) Nominations close Tuesday 11 October at 11:59pm. No late entries will be accepted. |
| Program | Programs will be made available electronically by Thursday 20 th October. No programs available for purchase on the day. |
| Spectators | A \$5.00 fee per spectator will apply, payable on entry. Swimmers are free. |
| Rules | This meet will be conducted under SQ/SAL rules. |
| Timekeeping | Competing clubs will be required to assist with timekeeping. A timekeeping roster with club lane allocations will be sent to clubs and published in the meet program. |
| General | There will be a BBQ running throughout the day, with food and drinks available from the Canteen. There is an undercover seated grandstand available for the use of visitors and suitable marquees will also be provided. |
| Enquiries | Meet Co-ordinator: Richard Galea E: register@spwswim.com.au Race Secretary: Dan Guthrie E: race@spwswim.com.au |



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Program of Events

Session 1

9.00am Start – 8.00am warm up

| Boys Events | Age | Event Description | Girls Events |
|-------------|--------------|------------------------|--------------|
| 1 | 9 – 11 years | 200m Individual Medley | 2 |
| 3 | 8 – 11 years | 50m Freestyle | 4 |
| 5 | 9 – 11 years | 100m Backstroke | 6 |
| 7 | 8 – 11 years | 50m Breaststroke | 8 |
| 9 | 9 – 11 years | 100m Butterfly | 10 |
| 11 | 8 – 11 years | 50m Backstroke | 12 |
| 13 | 8 – 11 years | 100m Freestyle | 14 |
| 15 | 8 – 11 years | 50m Butterfly | 16 |
| 17 | 9 – 11 years | 100m Breaststroke | 18 |
| 19 | 9 – 11 years | 200m Freestyle | 20 |

Note: Medals to be awarded to the fastest three placegetters in each age group for the following events: 50m events (8, 9, 10 and 11 years); 100m Freestyle (8, 9, 10 and 11 years); all other 100m events & 200m events (9, 10 and 11 years).

Session 2

12.00pm noon or later start

| Boys Events | Age | Event Description | Girls Events |
|-------------|-----------------|------------------------|--------------|
| 21 | Open | 400m Individual Medley | 22 |
| 23 | Open | 400m Freestyle | 24 |
| 25 | Open | 200m Butterfly | 26 |
| 27 | 12 Years & Over | 50m Freestyle | 28 |
| 29 | 12 Years & Over | 100m Breaststroke | 30 |
| 31 | 12 Years & Over | 200m Freestyle | 32 |
| 33 | 12 Years & Over | 100m Backstroke | 34 |
| 35 | 12 Years & Over | 50m Butterfly | 36 |
| 37 | 12 Years & Over | 200m Individual Medley | 38 |
| 39 | Open | 200m Breaststroke | 40 |
| 41 | 12 Years & Over | 100m Butterfly | 42 |
| 43 | 12 Years & Over | 50m Backstroke | 44 |
| 45 | 12 Years & Over | 100m Freestyle | 46 |
| 47 | 12 Years & Over | 50m Breaststroke | 48 |
| 49 | Open | 200m Backstroke | 50 |
| 51 | Open | 800m Freestyle | 52 |
| 53 | Open | 1500m Freestyle | 54 |

Note: Medals will be awarded to the fastest three placegetters in each age group for the 50m and 100m events (12, 13, 14, 15 years & over). Fastest three placegetters overall will be awarded medals in the Open Events (200m, 400m, 800m and 1500m).

Note: Minimum age of 11 years for Open Events; however clubs are to use their discretion with regard to swimmers who are 10 years old and will age up prior to the Brisbane Championships.